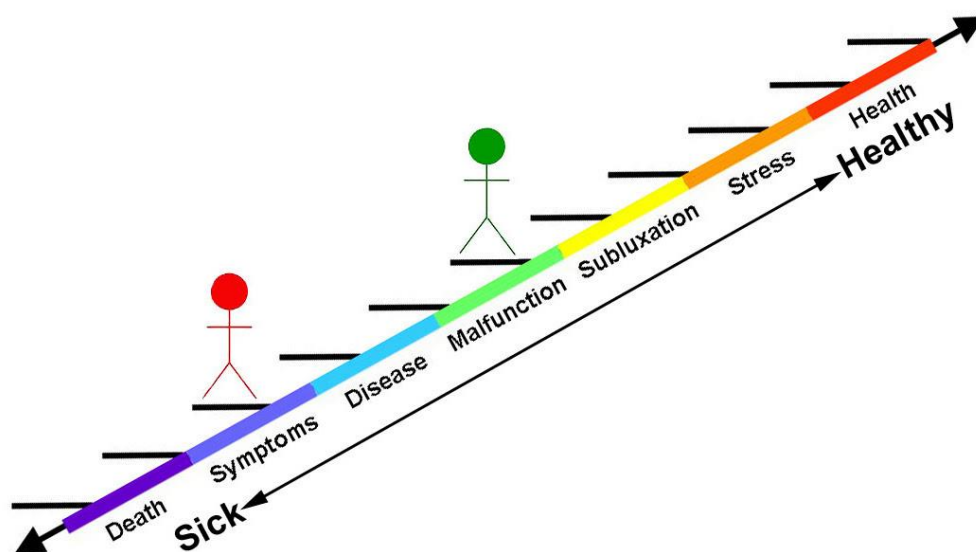


3 Types of Health Conditions

While perhaps over-simplified, the 3 most common types of health issues or conditions are:

1. Acute
2. Chronic
3. Permanent

And, these conditions are progressive. The first time health begins to fail, there are usually no symptoms. When the body has been moving in an unhealthy direction long enough for it to begin to break down, symptoms generally appear. The first sign of a symptom does not mean that the health problems associated with it are acute or new...it just means the symptoms are.



Acute health problems usually develop as a result of an obvious injury... either physically, chemically or emotionally.

If the cause of that health issue is left unhandled, eventually the problem returns, symptoms return, and the body demonstrates signs of a chronic problem. Unfelt but frequent signs of a chronic problem include symptoms that come and go, x-rays that demonstrate localized areas of spinal degeneration or decay, muscle problems that won't be massaged away or health concerns that most use over-the-counter medicines to deal with.

Permanent health problems result from simply treating symptoms when they arise without taking the time to address the underlying cause of the malfunction in the body. People often use medication for the rest of their lives to try and bring comfort to a malfunctioning body. Unfortunately, this only buys comfort...not health. And, this practice usually actually causes health problems that are easy to initially correct to progress from acute to chronic to permanent.

It is for these reasons that we so strongly recommend spine and nervous system evaluations be performed regularly...not just when symptoms develop. It is also why we say that, "It's better to grow healthy children than to repair damaged adults."